

An Introduction to Forest Gardening (a 1/2 day course)

Course Overview

An Introduction to Forest Gardening

The topics covered will include basic principles of forest gardening, design and layout, varieties, spacings and the relationships between plants.

Course Syllabus

- Introduction and background to food production (hunter gathering, farming) and how we have got to where we are.
- Thoughts on forest gardening and food security/ climate change.
- Introduction to Forest gardening
- The benefits of forest gardening to people and the environment
- Food and Health
- Initial design principles (location, soil, climate, shelter) and how to encourage the plants to be interactive.
- Walk around the Falmouth Forest Garden to demonstrate:
 - i. how design relates to practical implementation.
 - ii. Five useful herbs
 - iii. The 'foraging hedge'
 - iv. Tasting some of the available food produce



DATES FOR 2024:

Saturday 11th May 2024 - 1/2 day

Times: 10:00 – 15:00, (suggest you arrive by 09:45 for registration etc,)

Duration: course 4 hrs actual (and 1hr lunch break. Bring a packed lunch to enjoy in the garden)

**Location: The Forest Garden, Penjerrick Hill, Budock Water, Falmouth, Cornwall, TR11 5ED
Free Parking on site available.**

Fee: £45

Tutor: Contact Simon Miles NCH RHS

To book: Places on course must be booked in advance. Book online or contact Simon Miles on 07964 75056 or 01326 250090

The Forest Garden, Penjerrick Hill, Budock Water, Falmouth, TR11 5ED

Tel: 01326 250090 Mob: 07964 750565 Email: simon@theforestgarden.co.uk

www.theforestgarden.co.uk